

Front

Make the Call!

USPS EMPLOYEE ASSISTANCE PROGRAM

1-800-327-4968

(1-800-EAP-4-YOU) TTY: 1-877-492-7341

www.EAP4YOU.com

24 hours a day, 365 days a year

CONFIDENTIAL | PERSONAL | PROFESSIONAL

Back

Your Employee Assistance Program (EAP) offers assessment, referral, short-term counseling and work/life consultation for postal employees and their families. Participation is voluntary.

Whether a challenge affects your health, personal life, or work performance, the EAP can help.

EAP services are provided by independent counselors.

Publication 521, April 2011
PSN 7610-03-000-9445