

# Delivering a cure in Boston and beyond

America's letter carriers have been going the extra mile for MDA for more than 70 years, and this year is no exception. Last year, NALC raised \$1,129,800 for MDA through various events across the country. Branches support MDA through summer camp, muscle walks, bowlathons, satchel drives and other community events. NALC is on track to meet or exceed its 2023 fundraising total.

The passion for MDA was contagious at NALC's 73rd Biennial Convention in Boston over the summer. Letter carriers from around the country were raising money for MDA through T-shirt sales, multiple drawings, pin sales, and even homemade goodies. NALC Community Service Director Christina Vela Davidson joined in the fun and hosted a drawing for travel vouchers, raising \$48,000 for MDA, which was matched by NALC Headquarters.

"Raising money for a great cause is a no-brainer. We must those who cannot help themselves," Vela Davidson said.

**MDA National Ambassador Leah Zelaya was welcomed with open arms and enjoyed spending a day thanking everyone and sharing her excitement for MDA summer camp.**

NALC members are proud of the fundraising work they do all year to support research to one day deliver a cure and to continue making MDA Summer Camp possible. MDA is grateful for the longstanding partnership and can't wait to see how much money is raised for MDA families in 2024 and beyond.



MDA National Ambassador Leah Zelaya at the NALC Convention in Boston

"Thank you, NALC, for all your efforts to coordinate and raise funds for the Muscular Dystrophy Association," MDA announced. "Your dedication is second to none."

**Please mail copies of any receipts or checks along with a copy of the NALC/MDA Allocation Form so your branch can be properly recognized. NALC/MDA allocation forms must be turned in in the same calendar year of the event (no later than Dec. 28) to qualify for the NALC Honor Roll for that year.**

—Christina Vela Davidson

## City delivery updates (continued)

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to continue through October. I plan on reviewing the final results of this pilot program once it has ended.

**I want to thank every carrier involved in these pilot programs and the development of the NGDV for their efforts and for taking the time to share their thoughts with me and NALC staff members. Your time and commitment have been beneficial to city letter carriers across the country. I will continue to update the membership on any impact these initiatives may have on city carriers. Be sure to read my article each month and visit [nalc.org](http://nalc.org) for updates.**

## FEGLI (continued)

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OPM has a handy FEGLI calculator on its website at [opm.gov/retirement-center/calculators/fegli-calculator](http://opm.gov/retirement-center/calculators/fegli-calculator) so that each person can weigh their current coverage and decide if they want to continue that coverage and which options to elect at retirement. Some find the premiums of FEGLI cost prohibitive as they retire and age. Some find the premiums of additional optional FEGLI cost prohibitive as they retire and age, and elect to keep only Basic (and Standard option, if they have it) in retirement. In addition, other programs such as the NALC Mutual Benefit Association, offer a wide range of policies, not just term life insurance.