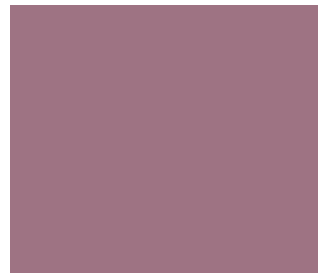
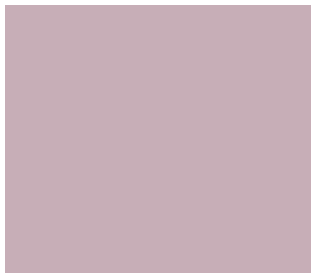


# Enhanced Eldercare Services



Sometimes caring for an elderly family member or disabled dependent can be daunting — from deciding on the best care resources to finding trained, caring professionals who understand your loved one's needs. Now you can eliminate the stress and guesswork with Enhanced Eldercare Services.



## Someone to watch over your elder's and/or disabled dependents care

With Enhanced Eldercare Services, you get the personal assistance of a Care Advocate — a registered nurse trained and experienced in working with the elderly and/or disabled dependents — who offers you and your loved one the following services:

- *Home evaluation* — The Care Advocate will thoroughly evaluate your elder family member or disabled dependent current living situation (by phone or in person), identify any care needs, and recommend types of care and services to consider.
- *Service plan development* — Whether you and your loved one live in the same town, or hundreds of miles away, the Care Advocate can develop an individualized care plan that fits both of your needs. This plan includes a selection of available resources, services and products that will help support the elder's and/or disabled dependent's independent living.
- *Care plan implementation* — Your Care Advocate can arrange all the necessary services — from in-home care to transportation to doctors' appointments to installing safety equipment to grocery shopping — drawing from a nationwide network of professional service providers.
- *Ongoing monitoring* — Your Care Advocate will check for changes in your loved one's needs and adjust the plan and services as necessary. You are also kept informed on how your loved one is doing.

## Worry-free caregiving, just a phone call away

To use Enhanced Eldercare Services, simply call the UBH toll-free number provided by your Human Resources department (toll free numbers listed below). Our specialists are available 24/7 to arrange Care Advocate services, as well as help you better understand your caregiving issues and ask the right questions so you can use these services to their fullest. All calls and use of services are kept completely confidential.

Your benefit gives you a bank of six free hours per calendar year, which may be used for any combination of the following services:

- Evaluating the elder's/dependent's living situation
- Identifying medical, social and home needs (present and future)
- Recommending a personalized service plan for support, safety and care
- Finding and arranging all necessary services
- Monitoring care and adjusting the service plan when necessary

1-877-468-1016 toll-free

1-800-842-9489 TDD

or log on to

[www.liveandworkwell.com](http://www.liveandworkwell.com)

access code: 877-468-1016



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